



Dear Coach(es):

We would like to invite you to the 15th Annual Fred D. Martin Cross Country Invitational at Melas Park in Arlington Heights on **Saturday, September 30, 2006.**

Attached you will find a registration form to fill out and send back with your registration fee. You may also register by faxing your entry form (847) 259-4185 or sending an email afritz@stpeter-ah.org with all of the appropriate information and then bringing your entry fee the day of the meet. Upon receipt of an entry form, a confirmation email will be sent to you. When returning your registration please fill out the entire form including all of the contact information, contact email and which race(s) you plan on entering. **Please return your response by Friday, September 15, 2006.**

We look forward to seeing you at this year's meet. If your schedule is full this year, but you would like your school to receive information for the 2007 meet, please feel free to call me for more information at (847) 253-6638, ext. 129.

Sincerely,

Andy Fritz
Athletic Director

**15th Annual Fred D. Martin
Cross Country Invitational**

Date: Saturday, September 30, 2006

Where: Melas Park, Arlington Heights

Time:

| | |
|---------------|------------------------------------------|
| 8:00AM-9:00AM | Open Course Walk |
| 9:15AM | 1 mile run –Girls in Grades 5-6 |
| 9:30AM | 1 mile run- Boys in Grades 5-6 |
| 9:45AM | 1.5 mile run- Boys & Girls in Grades 6-8 |
| 10:15AM | 2 mile run-Boys & Girls in Grades 6-8 |
| 10:45AM | Award Presentations |

Awards will be given to the top ten individuals in each division and race. Awards will also be given to the top three teams in each division. Course map and directions will be sent to you as soon as you register.

Any question, please contact Andy Fritz, (847) 253-6638, Ext. 129

REGISTRATION FORM FOR FDM INVITATIONAL

Send registration to: St. Peter Lutheran School
111 West Olive
Arlington Heights, IL 60004
Attn. Andy Fritz, Athletic Director

Name of School _____

Coach/ Contact person _____

Phone: Work: _____ Home: _____

Email: _____

ENTRY FEES: \$75.00 per school or \$20.00 per race

Please circle the races in which your team will participate:

1 mile boys team 1 mile girls team

1.5 mile boys team 1.5 mile girls team

2 mile boys team 2 mile girls team